

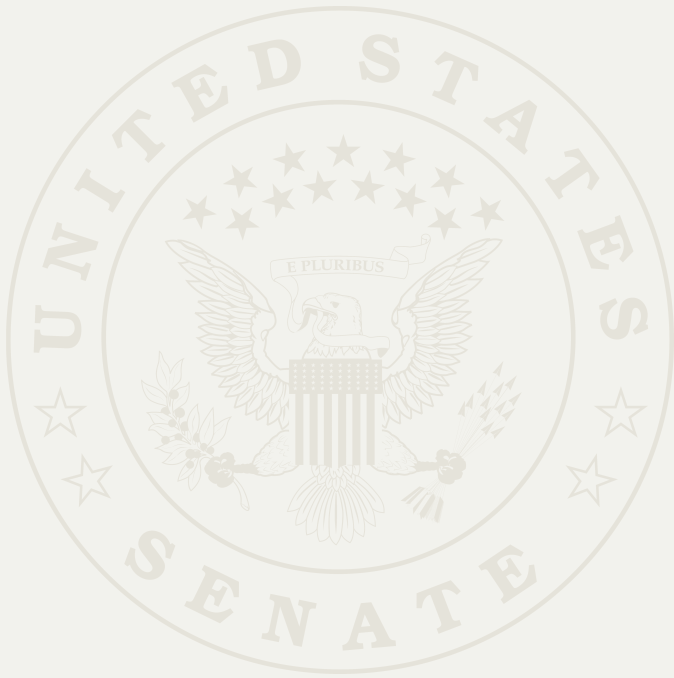


HEALTH CARE RESOURCES

Helping You Get Covered



Heinrich.Senate.Gov
@MartinHeinrich
facebook.com/MartinHeinrich



Dear Fellow New Mexican,

Quality and affordable health care coverage is within reach for New Mexicans now more than ever before. Yet, many across the state who are eligible for low-cost or even free health care coverage don't know they are eligible or don't know how to sign up. That is why I am committed to helping our community get the facts and get covered.



For more information, please visit the Health Care Resources page on my website, www.Heinrich.Senate.Gov, or contact my office near you.

Sincerely,

A handwritten signature in black ink, appearing to read "Martin Heinrich".

MARTIN HEINRICH
United States Senator

WHAT YOU NEED TO GET STARTED

- ✓ Proof of household income
- ✓ Photo ID for the person filing the application
- ✓ Social security numbers for all members applying for benefits or document numbers for legal immigrants
- ✓ Most recent utility bills
- ✓ Employer and income information for every member of your household who needs coverage (for example, from pay stubs or W-2 forms—Wage and Tax Statements)



U.S. Senator Martin Heinrich tours the Zuni Wellness Center, which provides a comprehensive program for fitness services, health promotion, and diabetes prevention for youth and adults.



U.S. Senator Martin Heinrich visits the Ben Archer Health Center in Hatch to discuss the center's experience with innovative programs to reduce the cost of care for patients.

GETTING COVERED

STEP 1: Become a health care champion for your family and learn about coverage opportunities under Medicaid or the Health Insurance Exchange.

- Find information: www.HealthCare.Gov
- Centennial Care Medicaid Program: www.hsd.state.nm.us/centennial_care.aspx

STEP 2: Connect with a live, well-trained Health Care Guide who can help with both Medicaid and Health Insurance Exchange enrollments.

- Find the nearest Health Care Guide: www.BeWellNM.com/were-here-to-help

STEP 3: Make sure all members of your family get covered. If you are unable to enroll in person, you can enroll online.

- Apply for Centennial Care Medicaid Program: www.hsd.state.nm.us/centennial_care.aspx
- Apply through the Health Insurance Exchange (NMHIX): www.BeWellNM.com

STEP 4: If you experience difficulties, ask for help.

NMHIX Call Center: (855) 996-6449

Federal Exchange Call Center: . . . (800) 318-2596

Centennial Care

Medicaid Program: (855) 830-5252

Indian Health Services (505) 248-4500

DOES MY DOCTOR ACCEPT MY HEALTH PLAN?

To find out if your doctors and other health care providers are covered by your insurance plan, or to find a provider you can:

- Visit your health plan’s website and check their provider directory, which is a list of the doctors, hospitals, and other health care providers that accept your plan.
- Call the number on your insurance card and ask about specific providers.
- Call your doctor’s office and ask whether they accept your health plan.

UNDERSTAND YOUR HEALTH COVERAGE.

All health plans in the Health Insurance Exchange offer the same set of Essential Health Benefits. Essential Health Benefits include services such as, emergency care; hospitalization; maternity and newborn care; mental health and substance use disorder services, preventive and wellness services; chronic disease management; and pediatric services.


Even though all insurance plans in the Health Insurance Exchange offer the same Essential Health Benefits, they can also offer other benefits called Value-Added Services, which include vision, dental, or medical management programs for a specific condition.

A Summary of Benefits and Coverage document will summarize the key features of your coverage.

The Explanation of Benefits (or EOB) is a record of the health care you or individuals covered on your policy received and how much your provider is charging your health plan. Remember to keep your EOB's and prescription receipts to help you determine whether you need to keep or change your insurance plan during the next enrollment period.

PARA INFORMACIÓN EN ESPAÑOL

Cuidando de Salud

 www.CuidandoDeSalud.gov • (800) 318-2596

DO I QUALIFY FOR LOW COST OR FREE HEALTH INSURANCE COVERAGE?

You may qualify for low-cost or free health care coverage. The table below shows qualifications based on income and the number of people in your household.

		Number of people
		1
Private Marketplace health plans	You may qualify for lower premiums on a Marketplace insurance plan if your income is between...	\$11,490 – \$445,960
	You may qualify for lower premiums and lower out of pocket costs for marketplace insurance if your yearly income is between...	\$11,490 – \$28,725
Medicaid coverage	If your state is expanding Medicaid in 2014: you may qualify for Medicaid coverage if your yearly income is below...	\$16,105
	If your state isn't expanding Medicaid: you may not qualify for any marketplace savings programs if your yearly income is below...	\$11,490

[Source: <https://www.healthcare.gov/how-can-i-save-money-on-Health-Insurance-Exchange-coverage>]



U.S. Senator Martin Heinrich tours the Gallup Indian Medical Center with Navajo Nation President Ben Shelly and hospital staff.

e in your household

	2	3	4	5	6
	\$15,510 – \$62,040	\$18,539– \$78,120	\$23,550 – \$94,200	\$27,570 – \$110,280	\$31,590 – \$121,360
	\$15510 – \$38,775	\$18,539- \$48,825	\$23,550 – \$58,875	\$27,570 – \$68,925	\$31,590 – \$78,975
	\$21,707	\$27,310	\$32,913	\$38,516	\$44,119
	\$15,510	\$19,530	\$23,550	\$27,570	\$31,590

-chart/]

HELPFUL RESOURCES

New Mexico Health Insurance Exchange (NMHIX):

www.BeWellnm.com

Medicaid Application Forms:

www.hsd.state.nm.us/centennial_care.aspx

Federal Health Insurance Exchange: www.HealthCare.gov

Indian Health Service: www.ihs.gov/aca

New Mexico Health and Human Services:

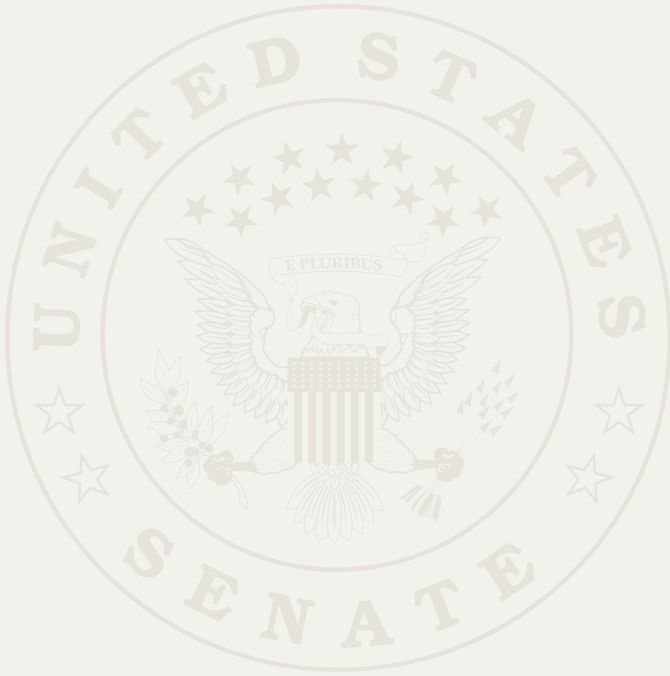
www.hsd.state.nm.us

U.S. Department of Health and Human Services:

www.hhs.gov



U.S. Senator Martin Heinrich receives a briefing at Lovelace Women's Hospital about new programs to promote early cancer screening and health care enrollment



U.S. SENATOR HEINRICH OFFICE LOCATIONS

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f: (575) 622-3538

FARMINGTON

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Farmington, NM 87402
p: (505) 325-5030
f: (505) 325-6035

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Santa Fe, NM 87501
p: (505) 988-6647
f: (505) 992-8435


LAS CRUCES

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Las Cruces, NM 88001
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f: (575) 523-6584

WASHINGTON D.C.

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FIND OUT MORE

 Heinrich.Senate.Gov/Helping-You/Health-Care-Resources